

**CITY OF MT. ANGEL
RESOLUTION NO. 1448**

**SETTING FORTH THE CITY OF MT. ANGEL'S COMMITMENT TO PUT
HEALTHY OPTIONS WITHIN REACH OF ALL RESIDENTS**

WHEREAS, improving livability and community health are important goals; and

WHEREAS, the nutrition and physical activity choices that individuals make for themselves and their families are influenced by their environment; and

WHEREAS, local policies on land use & transportation, access to healthy food, and shared use determine whether options for healthy eating and active living are within reach of the people who live, work, go to school, play or worship in the city; and

WHEREAS, high rates of costly chronic disease among both children and adults are correlated to environments with few or no options for healthy eating and active living; and

WHEREAS, the City of Mt. Angel is a member of the League of Oregon Cities; and

WHEREAS, in 2010, the League of Oregon Cities Board of Directors resolved to partner with and support the national *Let's Move!* Campaign headed by the First Lady of the United States, and has encouraged Oregon cities to adopt preventive measures to fight obesity; and

WHEREAS, in 2012, the League of Oregon Cities Board of Directors resolved to partner with the Oregon Public Health Institute (OPHI) in the *Healthy Eating Active Living (HEAL) Cities Campaign*, and encouraged all Oregon cities to join the *HEAL Cities Campaign* and qualify as a HEAL City by accepting information, training and technical assistance from OPHI staff on policies to support healthier eating and increased physical activity levels for all residents, create more livable communities, and create a culture of wellness at municipal workplaces, and adopting at least one recommended HEAL policy; and

WHEREAS, the City's Transportation System Plan includes policies to encourage alternative modes of transportation including walking and cycling, as one policy among the several policies endorsed by the HEAL Cities Campaign; and

WHEREAS, improvement in the City's sidewalks and bicycle facilities (lanes, stands, etc.) is needed throughout the city to achieve these objectives;

NOW, THEREFORE, LET IT BE RESOLVED that the City Council hereby recognizes that joining the HEAL Cities Campaign has the potential to improve local livability and have a positive impact on the community's health and well-being. To that end, the City of Mt. Angel adopts this HEAL Cities Resolution;

BE IT FURTHER RESOLVED that the City of Mt. Angel staff shall work with HEAL Cities Campaign staff to explore HEAL policies and to identify those policies that are suitable for the

City's unique local circumstances.

BE IT FURTHER RESOLVED Staff will report back to this Council with recommendations not later than 180 days from the date of this Ordinance.

ADOPTED by the City Council this 6th day of July, 2015 by a vote of:

AYES: 7 NAYS: 0

APPROVED BY THE MAYOR this 6th day of July, 2015.



Andrew Otte, Mayor

ATTESTED BY:



Eileen Stein, City Manager